



Keeping DAS Healthy: Beating Women's Heart Disease Together

Guest Speaker

Katy Attebery

Co founder of Queen of Hearts Foundation, a nonprofit organization

**Thursday, February 5, 2008
12:00 Noon until 1:00 P.M.
Room 9-260
Georgia DHR Division of Aging Services**

The **DAS Excellence University Virginia J. Clark Lunch & Learn Series** is pleased to have **Katy Attebery** as a guest speaker for **"Beating Women's' Heart Disease, Together!"** Our esteemed Faculty Member, Leslie Sessley, is the faculty sponsor along with DAS EU. Faculty Chair Sessley has identified a foundation that supports and educates women on the important topic of women and heart disease.

DID YOU KNOW THAT

**Heart Disease is the #1 Killer of Women in this country today
Women's Heart Attack Symptoms are Very Different from Men's**

What should DAS staff think about in keeping a healthy heart? Whether interested in choosing learning for yourself or a family member this Virginia J. Clark Lunch & Learn is for you. Please register by accepting the GroupWise appointment.

This lunch and learn will provide insightful responses to questions such as:

- ❖ What makes good heart health
- ❖ What are some key symptoms of heart attacks for women
- ❖ What are some preventive activities we can do for maintaining a healthy heart